

Grab a partner, lace up your sneakers,
and come take advantage of some
fun-fit afternoons!

Join the

Kingsway Regional School District Senior Citizen Walking Program



Beginning October 7th,
Kingsway Middle School will be open every
Tuesday and Thursday from
3:00 PM - 4:30 PM
(entrance doors will be locked at 4 PM)

All walkers must pre-register and wear the
ID card provided upon registration.

Be Fit and Have Fun!

For more information, email Terri Catalano at
terriscatalano@comcast.net

